



HOW TO RAISE \$500 IN 10 DAYS!

- **DAY 1** **Sponsor yourself** for \$25.
- **DAY 2** **Ask two family members** to sponsor you for \$25.
- **DAY 3** **Ask five friends** to sponsor you for \$20.
- **DAY 4** **Ask five people from your church** to sponsor you for \$10.
- **DAY 5** **Ask five neighbors** to sponsor you for \$10.
- **DAY 6** **Ask two other family members** to sponsor you for \$25.
- **DAY 7** **Ask your boss or company** to sponsor you for \$25 *or*

see if your company will match the amount you raise.
- **DAY 8** **Ask five local merchants** to sponsor you for \$20.
- **DAY 9** **Ask two businesses** you frequent to sponsor you for \$25.
- **DAY 10** **You've done it! Great job!**

Ask a friend to join you for the 5k!